




*If you plan to use social media while overseas, clean up your accounts, adjust your privacy settings, and remember to be careful of what you post.*

<p><b>Clean Up Your Accounts</b></p>	<ul style="list-style-type: none"> <li>• Google your name to find out what is public, ask to have inappropriate items removed</li> <li>• Delete photos/videos that you would not want widely viewed overseas</li> <li>• Remove personal information (example: residence)</li> <li>• Never select "Keep me logged in" tools</li> <li>• Change passwords every 60 days</li> <li>• Turn off geo-tagging option for photos, videos, and posts</li> <li>• Delete widgets and games that have access to personal info</li> </ul> <table border="1" data-bbox="1175 520 1507 722"> <thead> <tr> <th colspan="2">Worst Passwords of 2013</th> </tr> </thead> <tbody> <tr> <td>123456</td> <td>password</td> </tr> <tr> <td>admin</td> <td>qwerty</td> </tr> <tr> <td>abc123</td> <td>iloveyou</td> </tr> <tr> <td>letmein</td> <td>12345678</td> </tr> </tbody> </table>	Worst Passwords of 2013		123456	password	admin	qwerty	abc123	iloveyou	letmein	12345678
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<p><b>Adjust Your Privacy Settings</b></p>	<p>Facebook</p> <ul style="list-style-type: none"> <li>• Who can see my stuff? <ul style="list-style-type: none"> <li>◦ Be selective with who can see future posts</li> <li>◦ Choose to review and approve tags before they are published to your Wall</li> <li>◦ Use the "View As" function to see how your profile looks to the public</li> </ul> </li> <li>• Who can contact me? <ul style="list-style-type: none"> <li>◦ Select the "Strict" option for filtering messages into your Inbox</li> </ul> </li> <li>• How do I stop someone from bothering me? <ul style="list-style-type: none"> <li>◦ Block an individual by name or email</li> </ul> </li> </ul> <p>Twitter</p> <ul style="list-style-type: none"> <li>• Turn off tweet location</li> <li>• Make tweets private</li> <li>• Require log-in verification</li> </ul>										
<p><b>Remember To Be Careful</b></p>	<ul style="list-style-type: none"> <li>• Respect other's privacy and get permission before posting names, photos, or videos</li> <li>• Don't post about drugs, alcohol, or other potentially offensive activities in the host culture</li> <li>• Don't post pictures or information about your host family</li> <li>• Don't post live updates about your whereabouts</li> <li>• Don't post religious or political updates</li> <li>• Don't accept friend requests from strangers</li> <li>• Be suspicious of individuals who are overly interested in being friends on social media</li> <li>• If you're not sure, <b>DON'T POST IT!</b></li> </ul> <table border="1" data-bbox="350 1507 1455 1927"> <thead> <tr> <th colspan="2">Status &amp; Photo Update Example</th> </tr> </thead> <tbody> <tr> <td data-bbox="363 1583 786 1919">  </td> <td data-bbox="844 1570 1429 1898"> <p>Appropriate postings include:</p> <ul style="list-style-type: none"> <li>• Clearly I have a kindred spirit in this city!</li> <li>• Best graffiti ever.</li> </ul> <p>Don't post anything that identifies your location, may cause insult, or is insensitive:</p> <ul style="list-style-type: none"> <li>• Sherlock lives in my neighborhood!</li> <li>• Typical morning commute.</li> <li>• Someone needs to get a life.</li> </ul> </td> </tr> </tbody> </table>	Status & Photo Update Example			<p>Appropriate postings include:</p> <ul style="list-style-type: none"> <li>• Clearly I have a kindred spirit in this city!</li> <li>• Best graffiti ever.</li> </ul> <p>Don't post anything that identifies your location, may cause insult, or is insensitive:</p> <ul style="list-style-type: none"> <li>• Sherlock lives in my neighborhood!</li> <li>• Typical morning commute.</li> <li>• Someone needs to get a life.</li> </ul>						
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